



The Equation:

Lightening Your Load = **Decreasing your**

- workload (reproducible structures)
- time (in/out of class)
- stress/guilt (in grading/marking)

+

Increase students'

- critical thinking (meta-level)
- autonomy (culturally-sensitive)
- satisfaction (short-/long-term)

The Checklist:

- Does this learning stream lighten your workload/decrease your time?
Short-term?
Long-term?
- Does this learning stream relieve you of stress/guilt (in grading/marking)?
- Does this learning stream promote critical thinking/autonomy in your students?
- Does this learning stream increase student satisfaction?
Short-term?
Long-term?
- *Does this learning stream increase your knowledge?*